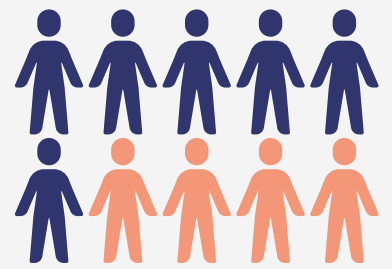


BOUND BROOK SCHOOL DISTRICT PRIDE Survey

2022-2023 Academic Year

PRIDE SURVEY

The PRIDE student survey measures school climate and substance use behaviors among middle and high school students. These data are used to assist schools and community groups understand how best to support student well-being. The Bound Brook PRIDE survey was administered with 847 students from the 7th-12th grade.



71% did not use any substances in the past year.



21% used alcohol in the past year.



13% used nicotine in the past year.

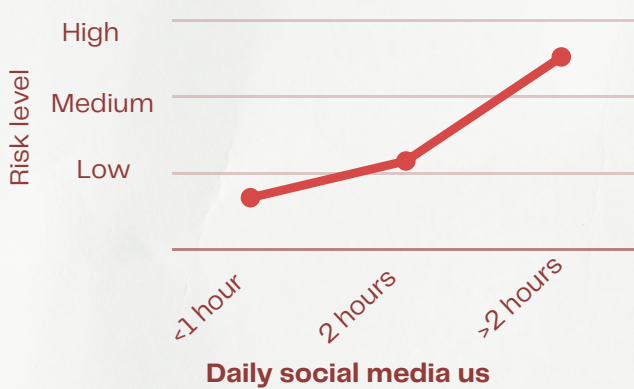


8.5% used cannabis in the past year.

Substance Use

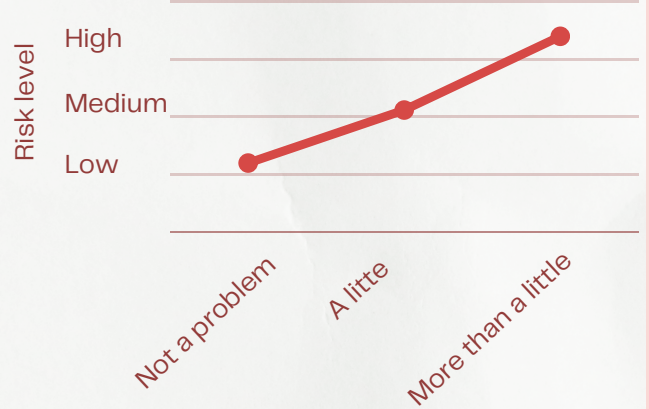
SUBSTANCE USE RISK BEHAVIORS

Social Media



Greater daily time spent on social media was associated with higher risk.

Sleepiness



Risk behaviors were higher for those who reported sleepiness was a greater problem.

FOR PARENTS

Parents can reduce risky substance use behaviors of their children by:

- Introducing children to supportive friend networks
- Discouraging violence and/or threatening behaviors
- Ensuring children get a good night's sleep
- Moderating the time children spend using social media applications

SCHOOL SAFETY

Students engaged in violent or threatening patterns of behavior in the school setting had higher risk.



PEER INFLUENCE

Peer beliefs about substance use are strongly related to individual substance use risk. Parents who ensure children engage with positive peer networks help their children avoid risky behavior.

