

NJ Student Learning Standards- Health

August 2022

State Statutes affecting Health & PE Instruction (prior to 2014)

1. Accident and Fire Prevention (N.J.S.A. 18A:6-2)
2. Breast Self-Examination (N.J.S.A. 18A:35-5.4)
3. Bullying Prevention Programs (N.J.S.A. 18A:37- 17)
4. CPR/ AED Instruction (N.J.S.A. 18A:35-4.28-4.29)
5. Cancer Awareness (N.J.S.A. 18A:40-33)
6. Dating Violence Education (N.J.S.A. 18A: 35-4.23a)
7. Domestic Violence Education (N.J.S.A. 18A:35-4.23)
8. Drugs, Alcohol, Tobacco, Controlled Dangerous Substances, and Anabolic Steroids (N.J.S.A. 18A:40A-1)
9. Gang Violence Prevention (18A:35-4.26)
10. Lyme Disease Prevention (N.J.S.A. 18A:35-5.1)
11. Organ Donation (N.J.S.A. 18A:7F-4.3)
12. Sexual Assault Prevention (N.J.S.A. 18A:35-4.3)
13. Stress Abstinence (N.J.S.A. 18A:35-4.19-20)
14. Suicide Prevention (N.J.S.A. 18A: 6-111)
15. All subject area mandates: Amistad Law N.J.S.A. 18A 52:16A-88, Holocaust Law (N.J.S.A. 18A:35-28), LGBT and Disabilities Law (N.J.S.A. 18A:35-4.35)
16. Twenty-first century themes and skills ((N.J.A.C. 6A:8-1.1(a)3)

Overall Changes 2014 vs. 2020

The 2020 Health & PE revision includes the following NJ statutes enacted between 2014-2020

- Consent (N.J.S.A. 18A:35)
- Mental Health (N.J.S.A. 18A:35-4.39)
- NJ Safe Haven Infant Protection Act (N.J.S.A. 18A:35-4.40 & 18A:35-4.41)
- Sexting (N.J.S.A. 18A:35-4.33)
- Sexual abuse and assault awareness and prevention education (N.J.S.A. 18A:35-4.5a)

“Backbone” of the new standards ... helping students learn to:

- Act as responsible and contributing members of society
- Build and maintain healthy relationships
- Communicate clearly and effectively (verbal and nonverbal)
- Resolve conflict
- Attend to personal health, emotional, social, and physical well-being
- Engage in an active and healthy lifestyle, managing self-care
- Make decisions
- Set goals
- Use technology tools responsibly

Bound Brook School District's Approach:

- No new standards will be covered in September
- Terms in parentheses in the standards are NOT curricular expectations.
- To the greatest extent practical:
 - Instruction for new material is limited to grades 2, 5, 8, and 12
 - Instruction for new material will be covered in a limited number of lessons per marking period
 - Instruction for Health in grades 1-6 will be taught by BBSD's Health & PE teachers using The Great Body Shop
[www.https://www.thegreatbodyshop.net](https://www.thegreatbodyshop.net)
 - All curriculum for Health & PE has been updated and can be accessed through Atlas on the District Website

Opting Out



18A:35-4.7. Any child whose parent or guardian presents to the school principal a signed statement that any part of the instructions in health, family life education or sex education is in conflict with his conscience, or sincerely held moral or religious beliefs shall be excused from that portion of the course where such instruction is being given and no penalties as to credit or graduation shall result therefrom.

As a public school in the state of NJ, please note that the opt out choice is **only** applicable to health, family life, sexual education curriculum

- There is **no opt out** for instruction on economic diversity, equity, inclusion, tolerance, and belonging in connection with gender and sexual orientation, race and ethnicity, disabilities, and religious tolerance (18A:35-4.36a).
- There is **no opt out** for instruction on the political, economic, and social contributions of persons with disabilities and lesbian, gay, bisexual, and transgender people at the middle and high school level (18A:35-4.35).

The Opt Out Process in *Bound Brook School District*

1. A monthly schedule of health topics will be provided to parents by health teachers in advance of instruction
2. To opt out, parents must notify the school in writing in a timely manner to ensure their intent is clearly understood
3. Plans for students opting out will depend on grade level; Specifics will be shared at *Back to School Night*

Please reach out to your child's health teacher if you have any questions or concerns. Should you still need assistance after reaching out to your child's health teacher, you may then reach out to the building principals, or the Assistant Superintendent of Curriculum and Instruction.

In closing

- The district is committed to preparing students for life outside of the classroom. Students deserve to be prepared for their future lives in the local community, as well as the global community. Students will be well-prepared when they are aware of the diversity within our school, community, and the entire world.
- The district is committed to making sure *all* students are supported in comfortable learning environments, i.e. where they feel safe, respected, can ask questions, and be open minded regarding the chosen lifestyles, perspectives, beliefs, and values of *everyone*.