

BOUND BROOK SCHOOL DISTRICT

Bound Brook Board Offices: 130 West Maple Avenue, Bound Brook, NJ 08805 tel: 732-652-7925 fax: 732-271-9097

Office of the Assistant Superintendent of Schools

Dear Parents/Guardians:

Comprehensive Health and Physical Education is an integral part of your child's educational experience that supports positive, realistic, and responsible concepts while reinforcing the value of home and family.

As part of the New Jersey Student Learning Standards, the program is a mandate from the New Jersey State Department of Education and a part of all New Jersey public school programs. All students are required to participate in health education classes, which include a family life education component. The N.J.S.A.18A:35-7 and 8 requires that all students in grades 1-12 take at least 150 minutes of health, safety, and physical education per week each year.

The standards and strands of the Comprehensive Health and Physical Education standards as established by the New Jersey Department of Education are included with this letter. Some standards are not new and were previously included as part of the 2014 Standards. Some standards are new additions. A breakdown of the changes between 2014 and 2020 is also included for your reference.

During the summer of 2022, the district invested in a new resource called The Great Body Shop for grades 1-6 to provide appropriate materials to assist the elementary Health & Physical Education teachers to meet the updated standards in their health lessons. The Great Body Shop can be previewed at the following link: <https://www.thegreatbodyshop.net/>

In the event you may have questions regarding content, materials used, and instructional video(s) shown to students, please contact your child's school, in addition to visiting the NJDOE website (<http://www.nj.gov/njded/aps/cccs/chpe>) for a complete outline of requirements.

We understand that there might be a few of the new Comprehensive Health & Physical Education Standards that make families feel uncomfortable. Parents/guardians have the option to excuse their child from selected portions of health lessons that might make their child feel uncomfortable. The district's Health and Physical Education policy states: "In accordance with the provisions of N.J.S.A. 18A:35-4.7, any student whose parent presents to the Principal a signed statement that any part of the instruction in health, family life education, or sex education is in conflict with his/her conscience or sincerely held moral or religious beliefs shall be excused from that portion of the course where such instruction is being given and no penalties as to credit or graduation shall result."

Should you choose to have your child excused from all, or any part of Comprehensive Health and Physical Education, please notify the school in writing. An alternate experience will be assigned. If school administration does not hear from you, it will be assumed that your child will participate.

I want to convey that our instructional staff and school administration respects your personal choices with respect to your child's elementary health education.

Thank you!

Mrs. Beth Fischer